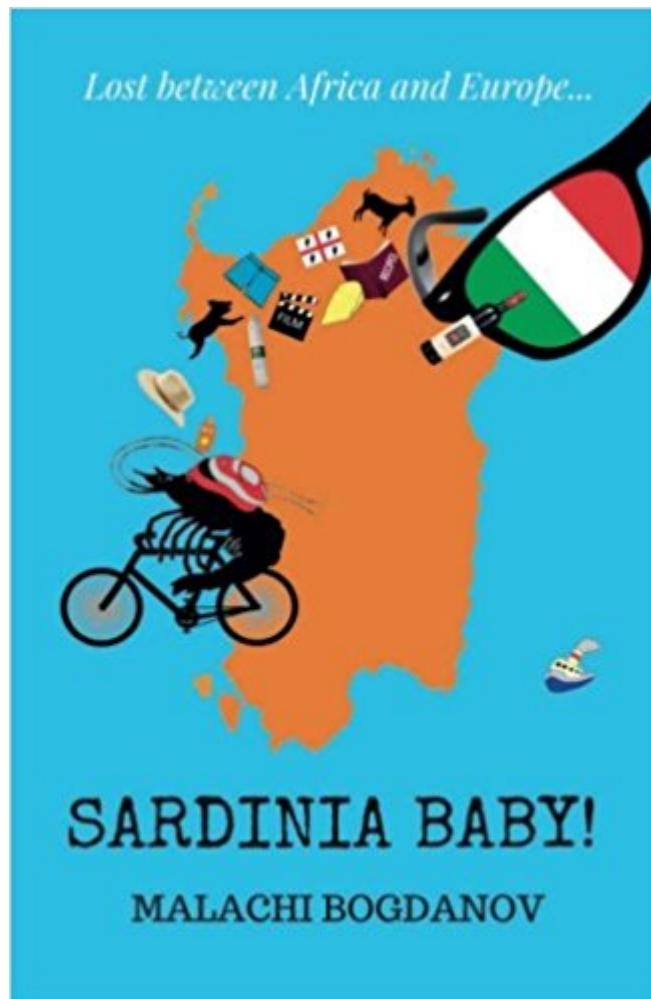


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Sardinia Baby!



Synopsis

British Theatre director Malachi Bogdanov moves to Sardinia with nothing but a Fiat Punto full of his worldly possessions and a few Italian swear words.... A humorous travelogue, cookbook and celebration of Sardinian culture revolving around food, theatre and the rich, diverse tapestry of life in the Med. This mini Sardinian bible, attractively illustrated, is a must for anyone wishing to gain an insight into life on this beautiful island. à œa must-take for visitors to Sardinia à | light-hearted but informative observations on life on this idiosyncratic isleâ • Robert Andrews - The Rough Guide to Sardinia

Book Information

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Customer Reviews

funny and relevant for my trip to Sardinia..

An entertaining read. You get a real feeling about the unusual land and people of the beautiful isolated island of Sardinia. Recommended if you are going on a trip there. Also bonus recipes that would be fun to try out.

Lots of Sardinia. Not much Baby.

You cannot categorise this book - it is what it is - brilliant. One man's personal transition to life in Sardinia written with honesty, insecurity and moments of hilarity. Great insights into the culture and history of a nation within a nation, and belly-laughs at regular intervals. And recipes, lots of recipes that elicit a Pavlovian response throughout. A real joy to read.

I love this funny and very human book. The trials and tribulations of this adventurous director as he negotiates his art, and gastronomy, in a new and sometimes perplexing culture are heartwarming. His quirky and mischievous approach to the theatre is particularly appealing. I will definitely be trying some of the recipes - the section on agro-tourism made me feel I was there!

A fantastic read !! Funny, intelligent and informative. Brings all the charm of the Mediterranean to you page by page. A must for any traveller of the region.

I really enjoyed this book. I was reading the book during my trip to Sardinia. Great tips. Wonderful experience! Great book

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